



## Freshman & Sophomore Package

### Overview

Colleges love to see students take advantage of the opportunities available to them, so the best way to get into the college of your dreams is to have a wonderful high school experience. The Freshman & Sophomore Package guarantees just that! It is a great way to take control of the high school experience and make the most of your decisions on summer opportunities, course offerings, extracurricular activities, supercurricular engagement, and many more. You have Odyssey Admissions to support you every step of the way.

From the very beginning, we take a long view of what you hope to accomplish and how to optimize all elements of those goals. We begin by taking stock of student interests and skills through Myers-Briggs assessments, and then we apply this insight to the student's course selection and extracurricular options. Allowing flexibility for change and growth, the focus here is to get out and try new things and to develop resilience as well as consistency. Learning what you don't like is just as important as finding something that sticks. Decisions are made with the student in mind, not the application process. By focusing on a healthy, happy, productive high school experience, we are indirectly developing a very attractive admissions candidate.

Toward the end of sophomore year, we will begin discussions about the admissions process that officially begins during junior year. You will have a clear understanding of the admissions process as well as your personal timeline for the final two years of high school.

This package is a standalone option that is in addition to the Junior Package. Because we are able to accomplish a few of the topics covered in the Junior Package, students who opt for the Freshman/Sophomore Package will receive a discounted rate when beginning the official application process during the junior year. See the Junior Package for specific prices.

### Services

**Overview Consultation** - This meeting includes the student and family and is essential in understanding the process in its entirety. We go through all aspects of the application process as well as the review process on the admissions side. We will also familiarize ourselves with terminology that

**Skills/Interests Inventory** - When students understand their own individual interests, skills, and abilities, they are more likely to make decisions that positively impact their future. After identifying this information via the Strong Interest Inventory© by Myers-Briggs, we consider how to best utilize the findings in both the high school and college context.

**Course Selection** - Your choice of classes will play a major part in how an admissions office

will evaluate you. These choices are also important in ensuring your academic record reflects both a challenging curriculum and successful grades. We will look at what your school has to offer and consider the best fit for the individual student.

**Timeline & Deadlines** - A thorough understanding of tasks on the horizon is key to successfully accomplishing work today. We will take a look at all the tasks ahead of us from start to finish and space it all out so that the work is manageable. By incorporating your school calendar into this, we avoid academic pinch-points and eliminate unnecessary conflict. The goal is to maximize opportunity, not stress.

**Summer Opportunities** - Summers are meant to be opportunities for growth and exploration and fun. We will brainstorm and research ideas that help you accomplish all this while also making you a more interesting candidate from the admissions perspective.

**Demonstrated Interest** - One of those fringe elements in a student's application, demonstrated interest can be a great way of making your application stand out. We talk about what it looks like and how to show it to your top-choice colleges.

**Transcript Review** - The purpose of this is to ensure the school is representing you accurately. Mistakes happen more often than any school would like to admit, and our review of this pivotal document is meant to guarantee errors are avoided.

**Student Resume** - A student resume is almost never required for American universities. However, it can be a great way to control the narrative you are sharing in your application and demonstrate your dedication to certain areas of interest. We work together to create a resume to be proud of. This document can also be used for applications to summer opportunities.

**Extracurricular & Supercurricular Activities** - Collaborating in one-on-one meetings, we will take data collected in your interest/skill inventory surveys to consider all that your high school has to offer as well as opportunities within the greater community as well as further afield. The goal is to help you find your passion and get you involved.

**Athlete Recruitment** - Catching the attention of college recruiters is a tricky and time-consuming process. We make sure you are taking the right steps to position yourself early on. This is not available in our Junior or Senior Packages because this work has to start early in high school.

**Counselor Access** - Consistent access to your counselor means you get answers to your questions and personalized advice whenever you need it. No lengthy appointment wait time...just call.

## **Investment**

**Time (estimated):** 10 hours of one-on-one work with your counselor

**Price:** Contact us for more information on package pricing

**Discount:** Students who participate in our Freshman & Sophomore Package benefit from deep discounts in the Junior Package.